

**ENTRANCE ANTIPHON**

*The Lord is the strength of his people,  
a saving refuge for the one he has anointed.  
Save your people, Lord, and bless your heritage,  
and govern them for ever.*

**COLLECT**

Grant, O Lord,  
that we may always revere and love your holy name,  
for you never deprive of your guidance  
those you set firm on the foundation of your love.  
Through our Lord Jesus Christ, your Son,  
who lives and reigns with you in the unity of the Holy Spirit,  
God, for ever and ever.

*Amen.*

**FIRST READING** Job 38:1. 8-11

A reading from the book of Job.

From the heart of the tempest the Lord gave Job his answer. He said:

Who pent up the sea behind closed doors  
when it leapt tumultuous out of the womb,  
when I wrapped it in a robe of mist  
and made black clouds its swaddling bands;  
when I marked the bounds it was not to cross  
and made it fast with a bolted gate?  
Come thus far, I said, and no farther:  
here your proud waves shall break.

The word of the Lord.

*Thanks be to God.*

**PSALM** Psalm 106

**RESPONSE:** *O give thanks to the Lord,  
for his love endures for ever.*

Or *Alleluia!*

1. Some sailed to the sea in ships  
to trade on the mighty waters.  
These men have seen the Lord's deeds,  
the wonders he does in the deep. **R.**
2. For he spoke; he summoned the gale,  
tossing the waves of the sea  
up to heaven and back into the deep;  
their soul melted away in their distress. **R.**
3. Then they cried to the Lord in their need  
and he rescued them from their distress.  
He stilled the storm to a whisper:  
all the waves of the sea were hushed. **R.**
4. They rejoiced because of the calm  
and he led them to the haven they desired.  
Let them thank the Lord for his love,  
the wonders he does for men. **R.**

**SECOND READING** 2 Corinthians 5:14-17

A reading from the second letter of St Paul to the Corinthians.

The love of Christ overwhelms us when we reflect that if one man has died for all, then all men should be dead; and the reason he died for all was so that living men should live no longer for

themselves, but for him who died and was raised to life for them.

From now onwards, therefore, we do not judge anyone by the standards of the flesh. Even if we did once know Christ in the flesh, that is not how we know him now. And for anyone who is in Christ, there is a new creation; the old creation has gone, and now the new one is here.

The word of the Lord.

*Thanks be to God.*

**GOSPEL ACCLAMATION**

*Alleluia, alleluia!*

*May the Father of our Lord Jesus Christ  
enlighten the eyes of our mind,  
so that we can see what hope his call holds for us.  
Alleluia!*

Or

*Alleluia, alleluia!*

*A great prophet has appeared among us;  
God has visited his people.  
Alleluia!*

**GOSPEL** Mark 4:35-41

A reading from the holy Gospel according to Mark.

With the coming of evening, Jesus said to his disciples, "Let us cross over to the other side." And leaving the crowd behind they took him, just as he was, in the boat; and there were other boats with him. Then it began to blow a gale and the waves were breaking into the boat so that it was almost swamped. But he was in the stern, his head on the cushion, asleep. They woke him and said to him, "Master, do you not care? We are going down!" And he woke up and rebuked the wind and said to the sea, "Quiet now! Be calm!" And the wind dropped, and all was calm again. Then he said to them, "Why are you so frightened? How is it that you have no faith?" They were filled with awe and said to one another, "Who can this be? Even the wind and the sea obey him."

The Gospel of the Lord.

*Praise to you, Lord Jesus Christ.*

**PRAYER OVER THE OFFERINGS**

Receive, O Lord, the sacrifice of conciliation and praise  
and grant that, cleansed by its action,  
we may make offering of a heart pleasing to you.  
Through Christ our Lord.

*Amen.*

**COMMUNION ANTIPHON**

*The eyes of all look to you, Lord,  
and you give them their food in due season.*

Or

*I am the Good Shepherd,  
and I lay down my life for my sheep, says the Lord.*

**PRAYER AFTER COMMUNION**

Renewed and nourished  
by the Sacred Body and Precious Blood of your Son,  
we ask of your mercy, O Lord,  
that what we celebrate with constant devotion  
may be our sure pledge of redemption.  
Through Christ our Lord.

*Amen.*