

ENTRANCE ANTIPHON

*The Lord is the strength of his people,
a saving refuge for the one he has anointed.
Save your people, Lord, and bless your heritage,
and govern them for ever.*

COLLECT

Grant, O Lord,
that we may always revere and love your holy name,
for you never deprive of your guidance
those you set firm on the foundation of your love.
Through our Lord Jesus Christ, your Son,
who lives and reigns with you in the unity of the Holy Spirit,
God, for ever and ever.
Amen.

FIRST READING Jeremiah 20:10-13

A reading from the prophet Jeremiah.

Jeremiah said:

I hear so many disparaging me,
“Terror from every side!”
Denounce him! Let us denounce him!”
All those who used to be my friends
watched for my downfall,
“Perhaps he will be seduced into error.
Then we will master him
and take our revenge!”
But the Lord is at my side, a mighty hero;
my opponents will stumble, mastered,
confounded by their failure;
everlasting, unforgettable disgrace will be theirs.
But you, Lord of Hosts, you who probe with justice,
who scrutinise the loins and heart,
let me see the vengeance you will take on them,
for I have committed my cause to you.
Sing to the Lord,
praise the Lord,
for he has delivered the soul of the needy
from the hands of evil men.

The word of the Lord.
Thanks be to God.

PSALM Psalm 68

RESPONSE: *In your great love, answer me, O God.*

1. It is for you that I suffer taunts,
that shame covers my face,
that I have become a stranger to my brothers,
an alien to my own mother's sons.
I burn with zeal for your house
and taunts against you fall on me. **R.**
2. This is my prayer to you,
my prayer for your favour.
In your great love, answer me, O God,
with your help that never fails:
Lord, answer, for your love is kind;
in your compassion, turn towards me. **R.**
3. The poor when they see it will be glad
and God-seeking hearts will revive;
for the Lord listens to the needy
and does not spurn his servants in their chains.
Let the heavens and the earth give him praise,
the sea and all its living creatures. **R.**

SECOND READING Romans 5:12-15

A reading from the letter of St Paul to the Romans.

Sin entered the world through one man, and through sin death,
and thus death has spread through the whole human race because
everyone has sinned. Sin existed in the world long before the Law

was given. There was no law and so no one could be accused of
the sin of “law-breaking”, yet death reigned over all from Adam to
Moses, even though their sin, unlike that of Adam, was not a matter
of breaking a law.

Adam prefigured the One to come, but the gift itself considerably
outweighed the fall. If it is certain that through one man's fall so many
died, it is even more certain that divine grace, coming through the
one man, Jesus Christ, came to so many as an abundant free gift.

The word of the Lord.

Thanks be to God.

GOSPEL ACCLAMATION

*Alleluia, alleluia!
The Word was made flesh and lived among us;
to all who did accept him
he gave power to become children of God.
Alleluia!*

Or

*Alleluia, alleluia!
The Spirit of truth will be my witness;
and you too will be my witnesses.
Alleluia!*

GOSPEL Matthew 10:26-33

A reading from the holy Gospel according to Matthew.

Jesus instructed the Twelve as follows: “Do not be afraid. For
everything that is now covered will be uncovered, and everything
now hidden will be made clear. What I say to you in the dark,
tell in the daylight; what you hear in whispers, proclaim from the
house-tops.

“Do not be afraid of those who kill the body but cannot kill the
soul; fear him rather who can destroy both body and soul in hell.
Can you not buy two sparrows for a penny? And yet not one falls
to the ground without your Father knowing. Why, every hair on
your head has been counted. So there is no need to be afraid; you
are worth more than hundreds of sparrows.

“So if anyone declares himself for me in the presence of men, I
will declare myself for him in the presence of my Father in heaven.
But the one who disowns me in the presence of men, I will disown
in the presence of my Father in heaven.”

The Gospel of the Lord.

Praise to you, Lord Jesus Christ.

PRAYER OVER THE OFFERINGS

Receive, O Lord, the sacrifice of conciliation and praise
and grant that, cleansed by its action,
we may make offering of a heart pleasing to you.
Through Christ our Lord.
Amen.

COMMUNION ANTIPHON

*The eyes of all look to you, Lord,
and you give them their food in due season.*

Or

*I am the Good Shepherd,
and I lay down my life for my sheep, says the Lord.*

PRAYER AFTER COMMUNION

Renewed and nourished
by the Sacred Body and Precious Blood of your Son,
we ask of your mercy, O Lord,
that what we celebrate with constant devotion
may be our sure pledge of redemption.
Through Christ our Lord.
Amen.